Reference no: HICC/FDS/009   7th August 2020

<u>Notification</u>

<u>GUIDELINES FOR PG STUDENTS JOINING FDS</u>

<u>Interstate travelers</u> (acc. to Govt. of Karnataka)

- There is a mandatory self-Registration on Seva Sindhu Portal. Link provided for reference : https://sevasindhu.karnataka.gov.in/
- It is mandatory to provide Name, Address and Mobile number for registration on Seva Sindhu portal. No approval is required, self-registration is sufficient.
- There will be health screening of all the incoming persons at the Border Check-Posts, Airports, Railway Stations and Bus stands.
- There will be mandatory Home Quarantine and authorities will do hand-stamping for 14-days quarantine. This norm is not applicable for person traveling from Maharashtra and person who is symptomatic.

- If you are found Symptomatic on arrival from any State, you will be subject to :
  1. 7 days of hospital Isolation at Covid Care Centre (CCC) /Dedicated Covid health Care (DCHC) followed by 7 days of Home quarantine (or more as per the symptoms)

  2. You will be tested immediately on arrival, shifted to Dedicated Covid Hospital (DCH) if found positive.

- If you are coming from Maharashtra and you are Asymptomatic, you are mandated for below: 7 days of Institutional Quarantine followed by 7 days of home quarantine. Test only if you develop any symptoms during this quarantine period. This is not applicable in case you belong to Special category.

- The Special category passengers include :
  1. Death in the family
  2. Pregnant Women
  3. Children aged below 10 years
  4. Elderly aged above 60 years
  5. Serious illness
  6. Human Distress

- All travelers from Maharashtra who come with Covid negative test certificate from an ICMR approved lab which is not more than 2 days old from the date of arrival are exempted from 7 days of Institution Quarantine. They can be asked to go for 14 days of Home Quarantine.

- For persons coming from state other than Maharashtra and where home Quarantine is not possible, then Institutional Quarantine should be done esp. when we have
  1. Large family or no separate room for home Quarantine
  2. Slum or overcrowded areas where home quarantine cannot be followed.

- Home quarantine is monitored
  A. Rural Areas

  1. Home Quarantine Poster will be fixed on home door.

  2. Your quarantine Information will be given to two of your neighbours

  3. Gram Panchayat Task Force with 3 Member team in every village will monitor to Home Quarantine persons

  4. FIR against violation of Home Quarantine and such person will be shifted to Institutional Quarantine

  5. BBMP will monitor their Health conditions with IVRS Call-centre outbound calls

  6. Persons will also be monitored with the help of Quarantine watch App, which is a daily self-monitoring by uploading - Temperature, finger-tip pulse-oximetry for elderly and persons with co-morbidity.

  B. BBMP and other Urban Areas

  1. Home Quarantine Poster will be fixed on home door

  2. Your quarantine Information will be given to two of your neighbours & Resident Welfare/ Aptt. Owner's Association.

  3. Ward level team of 3 Member team at Booth level will monitor along with involvement of Resident Welfare /Apartment Owners' Associations

  4. FIR against violation of Home Quarantine and such person will be shifted to Institutional Quarantine

  5. BBMP will monitor their Health conditions with IVRS Call-centre outbound calls

  6. Persons will also be monitored with the help of Quarantine watch App, which is a daily self-monitoring by uploading - Temperature, finger-tip pulse¬oximetry for elderly and persons with co-morbidity

  Note : All those who are in home quarantine or otherwise and develop symptoms similar to Covid-19 or Influenza Like Illness (ILI)should call 24 *7 free helpline APTHAMITRA to get telemedicine help and be directed to Fever Clinics for further assessment and Covid- 19 test.

For Hostel/Paying Guest accommodation

1. The owner of hostel/ PG accommodation should have all the relevant information Aadhar card/passport/driving license, etc.) of all the paying guests who are staying.

2. Designate a nodal person from hostel/PG accommodation for coordinating COVID related activities.

3. Ensure that all hostel/paying guests and staff download Arogya Setu and Apthamitra mobile app https://covid19.karnataka.gov.in/new-page/Mobile%20Applications/en

4. All new entrants/returnees should be screened for COVID-19 symptoms.

5. It should be ensured that all inmates and staff take safety precautions like wearing masks, washing hands with soap, using hand sanitizers, etc.